

www.girlsnightoutindy.com

# Girls' Night Out makeovers

Attend 2010 Girls Night Out on Thursday, September 16  
and learn more about the rejuvenation process!



"I am amazed at how much my skin texture and tone have positively changed after spending time at Phases. The Thermage experience was definitely worth the time because I have had so many people notice my more youthful looking skin, which of course being 44 (yikes!) makes me smile. I am excited to continue more treatments." ~Jane

"The staff at Phases has been so welcoming and my skin has already started to improve. The Mindful Movement Studio has also been great to work with. Pilates is a new experience for me and I am quickly getting hooked! I can already wear some of the smaller clothes that were gathering dust in my closet. Cancer treatment and its aftermath can really bring you down and I feel blessed to be a part of this makeover because it is uplifting me both physically and emotionally!" ~Celeste



"This experience over the past month has been nothing short of remarkable! The Turkle Phases Aestheticians and the DL Lowry Hairspa team truly put me at ease. They coach and educate me every step of the way from my Thermage and Pearl Fractional facial procedures to my hair care consultation and services. The experience is requiring me to slow down and carve out more personal time in my schedule for myself, something I would not otherwise do. I already look and feel rejuvenated! I wish every woman would take the time to experience even 'just one' pampering treatment - it's wonderful!" ~Janet

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